

# KIT LIST

## UK CENTRES



## WHAT TO BRING

A number of the things we do result in people getting wet at some point. It is therefore necessary for guests to bring waterproof clothing and footwear with them. The weather on the Isle of Arran is notorious for providing all seasons in one day. Planning ahead and packing appropriately makes a big difference.

## KIT LIST

- Suitable nightwear
- Underwear (please note that for many activities, socks will need to cover your ankles)
- Trousers/leggings for activities (not jeans)
- Shorts (summer groups)
- 1 pair of trainers for activities
- 1 pair of shoes for watersports (preferably old trainers)
- Pair of dry shoes for evening activities
- Fleece/sweatshirts for activities
- Long sleeved shirt/t-shirts (for activities where arms need to be covered)
- T-shirts
- Waterproof jacket/cagoule (and trousers if you have them)
- Warm anorak or similar (winter groups)
- Hat and gloves (winter groups)
- Baseball hat/sun hat (summer groups)
- 1 or 2 sets of clothes for the evening (and final night disco)

## OTHER ITEMS

- One towel for showering
- One 'old' towel for wet activities
- Plastic drinks bottle
- Sunscreen (summer groups)
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Washbag (including soap, shampoo and toothpaste)
- Sleeping bag/duvet and pillow (unless otherwise advised)
- Groups taking part in sports weekends such as netball, dance etc. should bring appropriate clothing/shoes for these activities

## PLEASE DON'T BRING

Mobile phones; electronic/computer games; jewellery/valuables etc.

## LOST PROPERTY

**Please label everything your child brings** – indelible felt tip pens are useful for this. Children are responsible for their own belongings – it may be useful to provide a list of items packed. Lost property is hard to track down after a visit and there is a small charge for returning items.