

PHYSICAL EDUCATION

STAFF CONTACT:

Mrs Dawn Johnson:
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COURSE CONTENT:

For this course, you will be a keen athlete in both theory and practice. Practice includes working on your skill development, coaching and performance. Theory includes anatomy and physiology alongside the biomechanical movements of the body; sports psychology including exercise psychology and how mental attitude is vital to sporting success; how sport fits into society and how physical activity can provide social benefits to society.

RESULTS 2013-16

A*-B 34% | A*-C 63% | A*-E 100%



I JUST WANTED TO SAY THANK YOU FOR ALL THAT YOU HAVE DONE FOR ME IN THESE THREE YEARS. I FEEL THAT YOU HAVE GONE OUT OF YOUR WAY TO ENSURE THAT I HAVE THE BEST POSSIBLE CHANCE TO SUCCEED.

Georgia Wing, Leaver 2015

EXAMS:

2 exam papers in Y13 plus a practical assessment making up 30% final grade.

EXAM BOARD: AQA

CAREER OPPORTUNITIES:

Sport and fitness is a huge industry. From pushing the boundaries of performance in elite sport through to amateur teams and individuals who need activity to maintain health, sport and fitness is a fast growing business. Physical Education has never played such an important part in society. It takes a multi-disciplinary approach, including social, physiological, biomechanical and psychological insights into understanding human performances and as such requires a broad range of academic skills. A level PE is now well regarded as an A level subject when applying to courses in different fields of study. PE students are fit and healthy, good communicators and leaders, team players with good social skills. They have the ability to analyse, evaluate and self-reflect. These are qualities sought after by future employers.

A level PE could lead you towards numerous university courses including

- Sports studies
- Sports science
- Teacher training
- Leisure studies
- Sports management
- Events management
- Strength and conditioning
- Exercise and health
- Nutrition
- Sports rehabilitation
- Physiotherapy

TRIPS INDUSTRY LINKS AND WORK EXPERIENCE:

Competitive sports competitions
Sports tours have included Barcelona, Ireland, Italy, Barbados and various UK venues.

STUDENT PROFILE:



Sasha Gibbs

Now taking a gap year before studying Sports Science at Bath University.

Previous School Farmor's. Studied PE, Maths, Biology.

ENTRY REQUIREMENTS:

Sixth Form entry criteria plus:

Minimum Grade B at GCSE PE if studied

Participation in a sport at club level with regular training outside school

Grade B in GCSE science preferred

